

## **Lynn View Branch Site Schedule**

### **VOLUNTEERS STILL NEEDED**

**CALL CINDY @ 392-8402**

Wednesday, June 9, 2010 - Agricultural Extension Cooking Seminar

11:00 a.m./ Cafeteria Creative ways to get calcium in your diet

#### **Wednesdays**

11:00 - 2:00 p.m. Volleyball

2:00 - 5:00 p.m. Pickleball

5:15 p.m. Beginning Line Dance / Gym \* Adult Ed

6:30 -7:30 Trail Dance / Gym

#### **Thursdays**

5:15 p.m. Zumba / Cafeteria \* Adult Ed

#### **Mondays and Thursdays**

11:30 noon Walk Across Tennessee \* partner with Parks and Rec

Lynn View Track

Mondays \* Beginning in May

9:00-11:00 Basic Computer \* Seniors only

Call 392-8400 to sign up \* Fee required

## **Lynn View Schedule (continued)**

### **Wednesdays**

9:00-12:00 Senior Services office open / take new membership during this time

### **Fridays**

11:00 - 2:30 Volleyball

2:30 - 6:00 p.m. Pickleball/ Mixed Doubles

6:00—8:00 p.m. Pickleball/ Open

### **Beginning Week of May 17th**

Classes from Boys and Girls Club will be moved to Lynn View for the summer \* Seniors only

### **Mondays**

11:00 - 12:00 Beginning Line Dance

12:15 - 1:15 Intermediate Line Dance

### **Tuesdays and Thursdays**

8:30 –9:30 Step Aerobics

9:30 - 10:30 Core Conditioning