

## REGISTRATION FORM

### Health and Exercise Con't

#### Tai Chi

Session I 1/11/10 - 2/17/10

Session II 3/1/10 - 4/5/10

6 weeks each session

\$60 fee per session, \$40 fee senior center members

Instructor: Hang Lei

Mondays and Wednesdays,

7:00 p.m-8:00 p.m.

Location: Room 302, Renaissance Center

#### **Dance Classes**

#### Swing Dancing

6 week class Session 1 1/14/10

\$28 fee Session II 3/4/10

Instructor: Walt & Margaret Baumgardner

Thursdays 6:00-7:00 p.m.

Location: Cafeteria, Renaissance Center

#### Ballroom Dancing

6 week class Session I 1/14/10

\$28 Fee Session II 3/4/10

Instructor: Walt & Margaret Baumgardner

Thursday 7:00-8:00 p.m.

Location: Cafeteria, Renaissance Center

#### Beginning Clogging

6 week class

Begins 2/20/10

\$25

Instructor: Kay Jones

Saturdays, 10:00 a.m. 11:00 a.m.

Location: Renaissance Center,

Room 302

*Please Print!*

Name \_\_\_\_\_

SSN (used for State Report) \_\_\_\_\_

Address \_\_\_\_\_

Home Phone \_\_\_\_\_

Employer \_\_\_\_\_

Work Phone \_\_\_\_\_

Course Name \_\_\_\_\_

Day(s) \_\_\_\_\_

*Mail payment with this form. Make checks payable to "City of Kingsport".*

*Complete a separate form for each course!*

For statistical Purposes only

sex: Male Female

Date of Birth: \_\_\_\_\_

Ethnic Origin:

Hispanic Caucasian

African American Other

For Office Use Only:

Amount Paid \$ \_\_\_\_\_ Receipt # \_\_\_\_\_

Check or M. O. Number \_\_\_\_\_

Date \_\_\_\_\_



# Kingsport

## Adult Education

### Winter/Spring 2010

**Classes begin the week of January 11, 2010 unless otherwise noted.**

**Kingsport Adult Education classes are administered by the Kingsport Senior Center.**

**For more information or to sign up for a class, please call 423-392-8400**

***\*All classes are subject to cancellation if enrollment does not meet minimum numbers. Minimum number varies by class. Fees will be returned on 1st night of class if cancelled.***

Mail Registration Form To:  
Kingsport Senior Center  
Adult Education  
1200 E. Center Street  
Kingsport, TN 37660

## **Job Skills**

### **How to Sell on EBay**

4 Weeks

\$75 fee; Senior Center members \$50 fee

Instructor: TBA (Call for exact start date)

Tuesday 6:30-7:30 p.m.

Location: Computer Lab, Renaissance Center

### **Beginning Computer**

6 weeks

\$77 fee; \$45 Senior Center member

Instructor: Terri Farthing

Mondays 6:00-8:00 p.m. Begins 1/11/10

Location: Computer Lab, Renaissance Center

### **2008 National Electrical Code (Commercial)**

8 weeks

\$60 fee

Mondays 6:00 p.m. - 8:00 p.m.

Instructor: Chris Ferrell, Electrical Inspector

Begins 1/11/10

Location: Cafeteria, 1st floor Renaissance Ctr.

## **Cultural/Arts/Crafts**

### **Beginning Spanish**

10 weeks \$30 fee, plus \$18 for book

Instructor: Holanda Holtzclaw

Saturdays, Begins 1/16/10

10:15 a.m.-11:15 a.m. Multipurpose Room

### **Beginning Chinese**

10 weeks Begins 1/14/10

\$80 fee; \$40 fee Senior Center members

Instructor: Hang Lei

Thursdays, 7:00 p.m. - 8:00 p.m.

Location: Multipurpose room

### **Introduction to Woodworking**

5 weeks

\$50 fee; \$25 Senior Center members

Instructor: B.L.Wilder

Mondays 5:30-7:30 p.m. Begins 1/11/10

Location: Woodshop Renaissance Center

### **Building Birdhouses (your choice of Bluebird or Martin)**

Must take Introduction to Woodworking first or have permission of instructor.

5 weeks

\$50 fee \$25 Senior Center members

Mondays 5:30-7:30 p.m., Begins 3/1/10

Instructor: BL Wilder

Location: Woodshop Renaissance Center

### **Basic Photography**

6weeks

\$30 fee; \$20 Senior Center members

Instructor: Claude Kelly

Mondays: Begins 1/11/10

6:00 p.m. - 8:30 p.m.

Location: Multipurpose Room, Renaissance Center

### **Basic Sewing-**

**Must bring your own machine**

3 weeks \$80 fee \$50 for Senior Center members

4 student min. 8 student max.

Instructor: Val Manley Begins 1/12/10

Tuesdays & Thursday 5:30-7:30 p.m. Room 303

### **Basic Dog Obedience**

7 weeks

\$55 fee, \$30 Senior Center Members

Minimum of 6 required for class

Instructor: Cindy Price

Thursdays, 6:00 p.m.

Begins 3/25/10

Location: front lawn Renaissance Center, weather permitting, alternative inside

Location, Must bring proof of current vaccinations. **First class is without dogs.**

## **Health and Exercise**

### **Yin Yoga**

Session I 1/13/10 - 2/17/10

Session II 3/4/10 - 4/7/10

\$50 Fee each session

Senior Center Members \$25 each session

Instructor: Tish Kashdan

Wednesdays, 5:30-7:00 p.m.

Location: Room 302 Renaissance Center

### **Strength and Conditioning (Intro to Weights)**

Session I 1/12/10- 2/16/10

Session II 3/2/10 - 4/6/10

Instructor: Chris Hicks

\$40 fee, \$25 for Senior Center members

Location: Room 302

Tuesdays & Thursdays 5:30 p.m.

Location: Renaissance Center

### **Finding Peace in These Stress-Filled Times**

Session I 2/22/10 - 3/11/10

Session II 3/25/10 - 4/22/10

Fee \$40 per session, \$25 Senior Center members

6:00 p.m. - 7:30 p.m.

Instructor: Ray Vachon M.T., M.F.T.

Location: Card Room, 1st floor Renaissance Center